

High-tech Tools for Elder Caregiving

General Guidance

<https://yogicendoflife.org> - Integral Yoga End-of-Life Project

<https://integralyogaministry.org> - The Integral Yoga Ministry is available for Grief Counseling.

<https://yogicendoflife.org> - Community Service page – how to find, give, and receive care

<https://betterhealthwhileaging.net/content/uploads/pdfs/CheckingADLsandIADLsWorksheet.pdf> - Worksheet: Checking on ADLs and IADLs

<https://www.ekrfoundation.org> - Inspired by the life of psychiatrist, humanitarian, and hospice pioneer Dr. Elisabeth Kübler-Ross with an educational series and grief support.

Private Services with Good Advice

<https://betterhealthwhileaging.net/> - Practical information for aging health & family caregivers

<https://betterhealthwhileaging.net/helping-older-parents/> - **Helping Older Parents with Memory Loss**

<https://www.agingcare.com/> - Free membership, Forum, free senior care guides, many articles

<https://connect2affect.org/> - AARP's tools for ending social isolation, eldercare locator

<https://seniorcarenation.com/> - From health screenings to hearing aids and everything in between.

Governments Services

<https://eldercare.acl.gov/> - - A public service of the U.S. Administration on Aging connecting you to services for older adults and their families, with an- eldercare locator, help-line

Free Online Services for finding help

<https://craigslist.org> -Look for your region, caregivers, resumes.

<https://about.nextdoor.com/> - Neighbors helping neighbors

Tools for Creating Care Teams

Creating forms on WordPress Websites

<https://seniorcarenation.com> - Help seniors, boomers, and retirees save time and money

<https://www.sensusmedia.co/2017/03/24/5-best-volunteer-scheduling-wordpress-plugins/> - Article comparing plugins

<https://wpforms.com/how-to-set-up-a-volunteer-application-form-in-wordpress/#createform> – How to set up volunteer forms.

<https://www.fetchdesigns.com/sign-up-sheets-wordpress-plugin> - Free and inexpensive pro version

<https://www.gravityforms.com> - One of the best premium plugins for complex form.

<https://runawaypeacock.com/make-your-own-sign-up-form-with-gravity-forms-and-gravityview> - How to use Gravity Forms to create volunteer signup sheet

<https://stephensherrardplugins.com/docs/pta-volunteer-sign-up-sheets-documentation> - premium plugin for volunteer signup sheets

Online Volunteer Forms

<https://www.capterra.com/sem-compare/volunteer-management-software> - links to enterprise level premium volunteer management software

<https://carenextion.org> - Free and very easy to use.